



## SOUPS

**Soup of the Day** € 6.50

**The Green Soup** € 7.00

*Kale, spinach, roast garlic & basil oil*

*Contains: celery*

*all soups are served with bread*

## SALADS

**THE GREEN SALAD** €10

Baby spinach, kale, broccoli, cucumber, lentils, avocado, toasted mixed seeds & nuts, creamy feta with a parsley & lemon dressing

*Contains: cashew nuts, sesame, milk*

**THAI CHICKEN SATAY BOWL** €12

Sesame chicken, brown rice, pak choi, red cabbage, baby carrot, green onion, roasted peanuts, chilli with a sesame seeds & peanut dressing

*Contains: peanuts, sesame, wheat*

**GIANT COUS COUS & CHICKEN SALAD** €12

Grilled chicken, mixed leaves, sweet potato, chickpeas, beetroot, dried cranberries, cherry tomatoes, feta cheese, toasted mixed seeds & nuts with a light herb dressing

*Contains: cashew nuts, sesame, wheat, dried fruits*

**MOROCCAN KOFTA SALAD WITH ZA'ATAR** €12

Lamb koftas with mixed leaves, lemon & mint pearl cous cous, grilled peppers, pickled carrots, tzatziki, hummus with a tomato & cucumber salsa,

*Contains: cashew nuts, sesame, milk, wheat*

**AVOCADO GARDEN SALAD** €12

Baby kale, sweet potato, quinoa, avocado, orange, apple, toasted mixed seeds & nuts with a raspberry vinaigrette

*Contains: cashew nuts, sesame*

**CHICKEN & QUINOA POWER BOWL** €12

Quinoa, spinach, red cabbage, black beans, red pepper, asparagus, red onion, creamy feta, pomegranate, baby carrot, toasted mixed seeds & nuts with a honey & lemon dressing

*Contains: cashew nuts, sesame, milk*

**MARKET SALAD WITH GRILLED CHICKEN** €12

Grilled chicken, mixed leaves, quinoa, beetroot, peas, avocado, apple, goats cheese, cherry tomatoes, goji berries, candied pecans with a balsamic vinaigrette

*Contains: pecans, milk, dried fruits*



## SANDWICHES

**THE REUBEN** €12

Homemade pastrami, salad leaves, Swiss cheese, sauerkraut, pickles with a Russian dressing on rustic bread

*Contains: wheat, egg, milk, mustard, celery*

**THE MESSER** €12

Chargrilled thyme chicken, crispy pancetta, sundried tomatoes, jalapeño & roasted red pepper mayo rocket on focaccia

*Contains: wheat, egg, milk, mustard*

**HEY PESTO** €12

Turkey, Parma ham, brie, rocket, grilled courgette, kale, basil pesto, on ciabatta

*Contains: wheat, milk, cashew nuts*

**THE VEG** €12

Chargrilled courgette, aubergine, red peppers, tomato, avocado, mixed leaves, hummus, creamy feta on focaccia

*Contains: wheat, milk, sesame*

**THE MARIO** €12

Parma ham, Milano salami, smoked mozzarella, provolone, peppers, mix leaves, tomato & Mario sauce, on ciabatta

*Contains: wheat, egg, milk, mustard*

**CORONATION CHICKEN** €12

Roast chicken, curry mayo, house pickled carrot, coriander & spinach on rustic bread

*Contains: wheat, egg, milk, mustard, dried fruits*

**CHURKEY** €12

Roast chorizo, turkey, mixed leaves, roasted tomatoes, brie & chipotle mayo on focaccia

*Contains: wheat, egg, milk, mustard*

**PULLED PORK JOE** €12

Slow roasted pork, mixed leaves, red cabbage, mint yogurt, tomato relish on ciabatta

*Contains: wheat, milk, dried fruits*

## SIDES

Potato wedges € 4.00

Sweet potato chips € 4.00

Sweet potato chips with parmesan & truffle oil € 5.50

Side green salad with balsamic vinaigrette € 4.00





## DESSERTS

### PEAR AND ALMOND TART TATIN

€7

Served with vanilla ice cream

*Contains: gluten, dairy, egg*

### STICKY TOFFEE PUDDING

€7

Served with banana ice cream

*Contains: gluten, dairy, egg*

### MANGO EATON MESS

€7

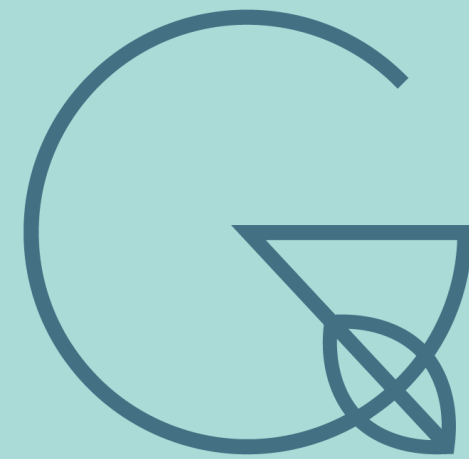
Served with passion fruit, mixed berries and meringue

*Contains: dairy, egg*

### SELECTION OF ICE CREAM

€7

*Ask your server for our full tea & coffee selection to accompany your dessert.*



# THE GREEN

