

SOUPS

Soup of the Day € 6.50

The Green Soup € 7.00

Kale, spinach, roast garlic & basil oil

Contains: celery

all soups are served with bread

SALADS

THE GREEN SALAD €10

Baby spinach, kale, broccoli, cucumber, lentils, avocado, toasted mixed seeds & nuts, creamy feta with a parsley & lemon dressing

Contains: cashew nuts, sesame, milk

THAI CHICKEN SATAY BOWL €12

Sesame chicken, brown rice, pak choi, red cabbage, baby carrot, green onion, roasted peanuts, chilli with a sesame seeds & peanut dressing

Contains: peanuts, sesame, wheat

GIANT COUS COUS & CHICKEN SALAD €12

Grilled chicken, mixed leaves, sweet potato, chickpeas, beetroot, dried cranberries, cherry tomatoes, feta cheese, toasted mixed seeds & nuts with a light herb dressing

Contains: cashew nuts, sesame, wheat, dried fruits

MOROCCAN KOFTA SALAD WITH ZA'ATAR €12

Lamb koftas with mixed leaves, lemon & mint pearl cous cous, grilled peppers, pickled carrots, tzatziki, hummus with a tomato & cucumber salsa,

Contains: cashew nuts, sesame, milk, wheat

AVOCADO GARDEN SALAD €12

Baby kale, sweet potato, quinoa, avocado, orange, apple, toasted mixed seeds & nuts with a raspberry vinaigrette

Contains: cashew nuts, sesame

CHICKEN & QUINOA POWER BOWL €12

Quinoa, spinach, red cabbage, black beans, red pepper, asparagus, red onion, creamy feta, pomegranate, baby carrot, toasted mixed seeds & nuts with a honey & lemon dressing

Contains: cashew nuts, sesame, milk

MARKET SALAD WITH GRILLED CHICKEN €12

Grilled chicken, mixed leaves, quinoa, beetroot, peas, avocado, apple, goats cheese, cherry tomatoes, goji berries, candied pecans with a balsamic vinaigrette

Contains: pecans, milk, dried fruits

SANDWICHES

THE REUBEN €12

Homemade pastrami, salad leaves, Swiss cheese, sauerkraut, pickles with a Russian dressing on rustic bread

Contains: wheat, egg, milk, mustard, celery

THE MESSER €12

Chargrilled thyme chicken, crispy pancetta, sundried tomatoes, jalapeño & roasted red pepper mayo rocket on focaccia

Contains: wheat, egg, milk, mustard

HEY PESTO €12

Turkey, Parma ham, brie, rocket, grilled courgette, kale, basil pesto, on ciabatta

Contains: wheat, milk, cashew nuts

THE VEG €12

Chargrilled courgette, aubergine, red peppers, tomato, avocado, mixed leaves, hummus, creamy feta on focaccia

Contains: wheat, milk, sesame

THE MARIO €12

Parma ham, Milano salami, smoked mozzarella, provolone, peppers, mix leaves, tomato & Mario sauce, on ciabatta

Contains: wheat, egg, milk, mustard

CORONATION CHICKEN €12

Roast chicken, curry mayo, house pickled carrot, coriander & spinach on rustic bread

Contains: wheat, egg, milk, mustard, dried fruits

CHURKEY €12

Roast chorizo, turkey, mixed leaves, roasted tomatoes, brie & chipotle mayo on focaccia

Contains: wheat, egg, milk, mustard

PULLED PORK JOE €12

Slow roasted pork, mixed leaves, red cabbage, mint yogurt, tomato relish on ciabatta

Contains: wheat, milk, dried fruits

SIDES

Potato wedges € 4.00

Sweet potato chips € 4.00

Sweet potato chips with parmesan & truffle oil € 5.50

Side green salad with balsamic vinaigrette € 4.00

DESSERTS

PEAR AND ALMOND TART TATIN

€7

Served with vanilla ice cream

Contains: gluten, dairy, egg

STICKY TOFFEE PUDDING

€7

Served with banana ice cream

Contains: gluten, dairy, egg

MANGO EATON MESS

€7

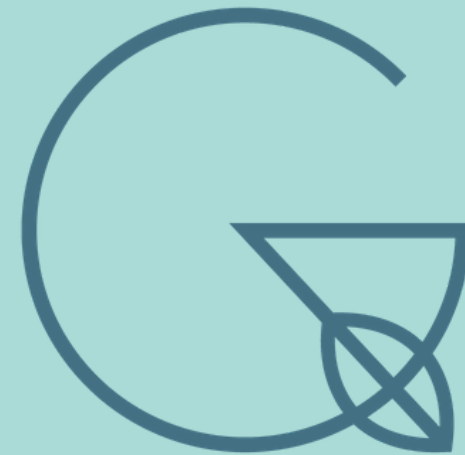
Served with passion fruit, mixed berries and meringue

Contains: dairy, egg

SELECTION OF ICE CREAM

€7

Ask your server for our full tea & coffee selection to accompany your dessert.



THE GREEN